# Are You Prepared to Survive a Disaster?

The time to start thinking about what to do in an emergency is now, before it happens. Here are some steps to help you survive a major earthquake, tsunami, fire, flood, act of terrorism, or other disaster.

## 1. Know Your Plans

California public schools are required to comply with California Education Code, Section 32281, which calls for preparing Comprehensive Safe School Plans (CSSP). The CSSP addresses violence prevention, student and staff wellness, emergency preparedness, traffic safety and crisis intervention and recovery. Additionally, all California employers are required to comply with the California Code of Regulations Title 8 section 3220: Emergency Action Plans and section 3221: Fire Prevention Plans.

## 2. Have Supplies Ready

▪ Water (1 gallon per person for a minimum of 3 days)
▪ Food (ready to eat, low salt, non-perishable)
▪ First Aid kit
▪ Flashlights and radio (with extra batteries)
▪ Medications
▪ Sturdy shoes
▪ Tools (wrench, duct tape, fire extinguisher, sturdy gloves & whistle)
▪ Sanitation and hygiene supplies

## 3. Get Trained

Become CPR and First Aid certified, Search & Rescue or CERT trained and learn about Incident Command System (ICS), Standardized Emergency Management System (SEMS) and National Incident Management System (NIMS). For more information, visit
**https://training.fema.gov/IS/NIMS.aspx**

## 4. Stay Informed

It is important to know how your County/Local Emergency Services will notify the community before, during and after an emergency. These include:

▪ Emergency Alert System
▪ Commercial Media
▪ Amateur Radio
▪ Websites

## 5. Get Involved

▪ Develop phone trees for your site, district, city and county.
▪ Develop relationships with your local law enforcement and fire department, city and county emergency managers, utility companies and Red Cross.
▪ Implement Memoranda of Understanding (MOU) with critical suppliers.
▪ Develop Mutual Aid agreements with neighboring school districts (busing, manpower and facility use).